

vanishing point unseen

Simple steps to reduce your plastic footprint

- Most importantly, reduce your consumption! The vast majority of plastic materials consumed by society are not recycled or recovered.
- Recycle within your own home - how many new uses can you find for a plastic container? Go to the tip shop or second hand shop instead of buying new.
- Use natural fibres such as cotton or wool in clothing, linen, furniture covering etc. A major source of microplastics in the ocean is from washing our synthetic fabrics. Microplastics are very small and pass through the filters of sewage treatment systems.
- There are over 300,000 microplastic beads in one tube of facial scrub. Don't buy cosmetics, cleansing products and toothpastes containing microplastics.
- Buy in bulk if possible, and buy products in boxes, not plastic.
- Don't let plastic waste reach the ocean in the first place! If you see a bit of plastic rubbish on the ground, pick it up.
- Say no to plastic-ware, plastic straws, disposable lighters and even plastic toothbrushes. Bring your own produce bags when you shop. Bring your own water bottle, coffee cup, eating utensils and containers when you order takeaways. Say no to that takeaway coffee plastic top if you don't have your own cup with you.
- Participate in or initiate community clean ups at your local beach, riverbanks and roadsides.
- Educate yourself and others. What happens to your plastic waste? Check out the free curriculum, activities, posters and fact sheets at www.coastwatchers.com.au and discover more facts, stats, lesson plans.
- Follow The Clean Up team live as they clean up the wild west coast in early 2018, to take your class or home school group outside to do your own coastal clean-up.



www.coastwatchers.com.au

Supporting ongoing marine litter education through a collaboration between:

